



(IP Logo)

## Activity Report

### Implementing Partner: IICPSR

### Activity's Title: Conducting educational seminars in Cairo for RL including RL students

Date: 21 / 12 / 2019

#### Number of Participants:

Total Number:

46
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#### Disaggregated by Sex and Age Group:

Sex	Age Group	Count
Male	Less than 8 years	
	8-12 years	
	13-17 years	
	18-35 years	46
	36-45 years	
	More than 45 years	
Female	Less than 8 years	
	8-12 years	
	13-17 years	
	18-35 years	
	36-45 years	
	More than 45 years	

#### Disaggregated by Governorates and Districts:

Governorate	District	Count
Cairo	Please mention the district	9
Giza	Please mention the district	12
sohag	Please mention the district	4
Qalyubia	Please mention the district	2
sinaa	Please mention the district	2
alex	Other (Please mention)	2
Monufia		2
Fayoum		6
Qena		1
Kafr El Sheikh		1



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Wady gded		1
aswan		1
Mynia		1
Gharbya		2

Disaggregated by Educational Level:

Hadn't Received Formal Education	
Primary	
Preparatory	
Secondary	57
Bachelor	4
Masters	
Doctorate	

Disaggregated by Marital Status:

Single	45
Married	1
Divorced	
Widowed	

**Activity Agenda or List the Topics:**

**A general discussion about prenatal counselling and examination.**

- **The purpose of marriage from a legal perspective.**
- **Anatomy Physiology - How pregnancy occurs - Family planning.**
- **Psychological and behavioural aspects in the Premarital examination and counselling.**
- **The role of dialogue between spouses in strengthening marital relations.**
- **The importance of the couple's understanding of psychological and social aspects for a successful marital life.**
- **STDs - infertility - preparation for pregnancy.**
- **Counselling for those with special needs.**



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- Legal provisions in marital relations.
- Premarital counselling and examination from the medical perspective.
- Positive parenting.
- Communication skills.

### **Description of Main Results and Achievements:**

Every student has the ability to talk about the topics of counseling and examination guide for those who want to marry.

### **Challenges:**

The students affirmed that there are no negative aspects except the increasing number of students than that the conference hall can have.

### **Lessoned learned and Recommendations:**

- Conducting of seminars for all students of Al-Azhar University and be in a large conference room for benefiting more students.
- The inclusion of some of the manual contents to the curriculum of relevant subjects in different faculties of the University.